



# GET THE EDGE!

34TH SUMMER!

PEHOCKEY.COM

## A Day At Camp

### 2 ON-ICE SESSIONS PER DAY

Session 1: Focus on Individual Player Skills (skating, passing, shooting, stickhandling).

Session 2: Focus on Team Skills and game situations, including controlled scrimmage each day. (1-1's, 2-1's, battle drills, etc.)

### DRYLAND/OFF-ICE TRAINING

Includes: Circuit training with Powerchutes, hand/eye coordination stations, foot speed drills, team handball and core strength stations.

### CLASSROOM & VIDEO

Includes talks on equipment, goal setting, nutrition, and game prep. All students are videotaped on both individual skills and game situations. Instructors use this class time to show and make corrections of that video.



### Classroom

All Players and Goalies are video taped during the week on Individual skills as well as game situations. Classroom time is used to watch and correct the players on their technique. All players are given a written evaluation of their video sessions as part of their report card.

### On-Ice Sessions

Our Competitive stickhandling drills and "protect the puck" situations allows for faster puck handling decisions at game speeds. Players Edge "Shoot to Score" technique breaks down each shot into easy to learn and improve steps. Our shooters work on power, accuracy, and quick release!



### Powerskating

With True Powerskating, high speed edge work, belts and ropes, you'll improve technique as well as stride length, leg power and quickness. Each On-Ice session includes Powerskating technique and game speed drills for improvement.



### Testing

#### ON ICE TESTING INCLUDES:

Forward skating speed, backward skating speed, forward with puck, timed agility, passing accuracy, radar of wrist shots, radar of slap shots.

#### OFF ICE TESTING INCLUDES:

1 min push ups, 1 min sit ups, timed agility, 40 yard sprint, long jumps.

All test results will be put into each students Report Card that is recieved at the end of Camp.

# At Players Edge

Your child, regardless of skill level, will leave our week of camp stronger in their skating, stick-handling, passing, shooting, and overall knowledge of the game. As we enter our **34th Summer**, we will still have the same goal...to bring one of the best hockey experiences to your child in your arena, at an affordable price.

Players Edge limits the number of camps we conduct each summer to be sure you get our top staff of professional instructors. **Head Instructor Mark Catron will be on ice every session of every camp!**

When you attend Players Edge, you get all the "specialized" camps in one week. We provide true power skating technique, stickhandling moves and situations that are at game speed, and all the shooting situations a game offers. Our players and goalies are videotaped in individual skills and game situations.

Each Player/Goalie receives a Report Card prepared by their instructors. At Players Edge, you WILL **"GET THE EDGE!"**

## Group Discounts

**15 players from the same group = 10% off each**

Applications must be sent together (or emailed) with a list of group names, and all group members must have deposit within that week. If group falls below 15 prior to camp, remaining group member(s) will be charged regular camp price.

## Cancellations

Due to the limited space available in each camp, an open refund policy cannot be offered. If you need to cancel your camp, it must be done 30-days prior to the first day of your camp. A refund, less your \$100 non-refundable deposit, will be issued. **All cancellations within 30 days of camp are only eligible for a credit.** Thank you for understanding.

## Choose Your Camp

### 5 DAY CAMPS:

<b>Carmel, IN</b> June 12-16, 2023	Ice Skadium (All Levels)	<input type="checkbox"/> Players \$485 <input type="checkbox"/> Goalies \$200
<b>Nashville I, TN</b> June 19-23, 2023	Centennial Sportsplex (All Levels)	<input type="checkbox"/> Players \$485 <input type="checkbox"/> Goalies \$200
<b>Aston I, PA</b> June 26-30, 2023	Ice Works (All Levels)	<input type="checkbox"/> Players \$485 <input type="checkbox"/> Goalies \$200
<b>Bloomington, IL</b> July 10-14, 2023	Pepsi Ice Center (All Levels)	<input type="checkbox"/> Players \$485 <input type="checkbox"/> Goalies \$200
<b>Nashville II, TN</b> July 17-21, 2023	Centennial Sportsplex (All Levels)	<input type="checkbox"/> Players \$485 <input type="checkbox"/> Goalies \$200
<b>Frederick, MD</b> July 24-28, 2023	Skate Frederick (All Levels)	<input type="checkbox"/> Players \$485 <input type="checkbox"/> Goalies \$200
<b>Newark, DE</b> July 31-August 4, 2023	Patriot Ice Center (All Levels)	<input type="checkbox"/> Players \$485 <input type="checkbox"/> Goalies \$200
<b>Aston II, PA</b> August 21-25, 2023	Ice Works (All Levels)	<input type="checkbox"/> Players \$485 <input type="checkbox"/> Goalies \$200

- 3.5 Hours of per day
- Powerskating technique each day
- On and Off Ice Testing
- Off Ice Training/Classroom
- Report Cards for all Students
- Skills for both Forwards and Defensemen
- Personal Jerseys with Name and Number!
- Matching Hockey Socks and T-Shirts

## Application

Player: \_\_\_\_\_ DOB: \_\_\_\_\_

Parents: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Jersey Sizes: YL YXL S M L XL Goalie

T-Shirt Sizes: YS YM YL YXL MS MM ML MXL

Jersey Size\*: \_\_\_\_\_ Number: \_\_\_\_\_

Player Height: \_\_\_\_\_ Weight: \_\_\_\_\_

\*If jersey size is incorrect there is a \$30 charge to replace it with a new one.

### Payment Method:

Check (Payable to: Players Edge)

Visa / MasterCard / Discover (please include all 16 digits)

Zelle (playersedge@outlook.com)  Venmo (@players-edge)

Players  Goalies

\$25 discount for attending 2022 Shooting Clinic

Amount to charge today:  \$100 Deposit or  \$ \_\_\_\_\_

\_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Exp. Date: \_\_\_\_\_ / \_\_\_\_\_ 3 Digit Code: \_\_\_\_\_

Each application must include at least a \$100 non-refundable deposit. Balance will be due the first day of camp. There is a 10% discount for each additional family member. All applications will be confirmed by email within 24 hours. Each camp is limited in numbers. Space can only be held with a deposit. Applications without a deposit will be accepted, but your place is not secured until a deposit is received.

Players Edge will split groups according to age and ability levels. If a player needs to be moved up or down, our staff will determine that after the first day of camp.

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