

A Day At Camp

2 ON-ICE SESSIONS PER DAY

Session 1: Focus on Individual Player Skills (skating, passing, shooting, stickhandling).

<u>Session 2:</u> Focus on Team Skills and game situations, including controlled scrimmage each day. (1-1's, 2-1's, battle drills, etc.)

DRYLAND/OFF-ICE TRAINING

Includes: Circuit training with Powerchutes, hand/eye coordination stations, foot speed drills, team handball and core strength stations.

CLASSROOM & VIDEO

Includes talks on equipment, goal setting, nutrition, and game prep. All students are videotaped on both individual skills and game situations. Instructors use this class time to show

skills and game situations. Instructors use this class time to show and make corrections of that video.



Classroom

All Players and Goalies are video taped during the week on Individual skills as well as game situations. Classroom time is used to watch and correct the players on their technique. All players are given a written evaluation of their video sessions as part of their report card.

Powerskating

With True Powerskating, high speed edge work, belts and ropes, you'll improve technique as well as stride length, leg power and quickness. Each On-Ice session includes Powerskating technique and game speed drills for improvement.





On-Ice Sessions

Our Competitive stickhandling drills and "protect the puck" situations allows for faster puck handling decisions at game speeds. Players Edge "Shoot to Score" technique breaks down each shot into easy to

learn and improve steps. Our shooters work on power, accuracy, and quick release!



Testing

ON ICE TESTING INCLUDES:

Forward skating speed, backward skating speed, forward with puck, timed agility, passing accuracy, radar of wrist shots, radar of slap shots.

OFF ICE TESTING INCLUDES:

1 min push ups, 1 min sit ups, timed agility, 40 yard sprint, long jumps.

All test results will be put into each students Report Card that is recieved at the end of Camp.

At Players Edge

Your child, regardless of skill level, will leave our week of camp stronger in their skating, stick-handling, passing, shooting, and overall knowledge of the game. As we enter our **35th Summer**, we will still have the same goal...to bring one of the best hockey experiences to your child in your arena, at an affordable price.

Players Edge limits the number of camps we conduct each summer to be sure you get our top staff of professional instructors.

Head Instructor Mark Catron will be on ice every session of every camp!

When you attend Players Edge, you get all the "specialized" camps in one week. We provide true power skating technique, stickhandling moves and situations that are at game speed, and all the shooting situations a game offers. Our players and goalies are videotaped in individual skills and game situations.

Each Player/Goalie receives a Report Card prepared by their instructors. At Players Edge, you WILL "GET THE EDGE!"

Group Discounts

15 players from the same group = 10% off each

Applications must be sent together (or emailed) with a list of group names, and all group members must have deposit within that week. If group falls below 15 prior to camp, remaining group member(s) will be charged regular camp price.

Choose Your Camp

5 DAY CAMPS:

Carmel, IN	Ice Skadium	☐ Players	\$540
June 10-14, 2024	(All Levels)	☐ Goalies	\$250
Nashville, TN I	Centennial Sportsplex (All Levels)	☐ Players	\$540
June 17-21, 2024		☐ Goalies	\$250
Aston, PA I	Ice Works	☐ Players	\$540
June 24-28, 2024	(All Levels)	☐ Goalies	\$250
Bloomington, IL	Pepsi Ice Center	☐ Players	\$540
July 8-12, 2024	(All Levels)	☐ Goalies	\$250
Nashville, TN II	Centennial Sportsplex (All Levels)	☐ Players	\$540
July 15-19, 2024		☐ Goalies	\$250
Frederick, MD	Skate Frederick	☐ Players	\$540
July 22-26, 2024	(All Levels)	☐ Goalies	\$250
Aston, PA II	Ice Works	☐ Players	\$540
July 29-August 2, 2024	(All Levels)	☐ Goalies	\$250
Easton, MD	Talbot Ice Center	☐ Players	\$540
August 5-9, 2024	(All Levels)	☐ Goalies	\$250

- 3.5 Hours of per day
- Powerskating technique each day
- · On and Off Ice Testing
- Off Ice Training/Classroom
- Report Cards for all Students
- Skills for both Forwards and Defensemen
- Personal Jerseys with Name and Number!
- Matching Hockey Socks and T-Shirts

PLAYERS EDGE 44 Pegasus Place Bear, DE 19701

playersedge@outlook.com Office: (302) 376-1809

Cancellations

Due to the limited space available in each camp, an open refund policy cannot be offered. If you need to cancel your camp, it must be donw 30-days prior tot he first day of your camp. A refund, less your \$100 non-refundable deposit, will be issued. All cancellations within 30 days of camp are only eligible for a credit. Thank you for understanding.

Application

Player:	DOB:			
Parents:				
Address:				
City:	State: Zip:			
Phone:				
Email:				
Jersey Sizes: YL YXL S M L				
T-Shirt Sizes: YS YM YL YXL	MS MM ML MXL			
Jersey Size*:	Number:			
Player Height:	Weight:			
*If jersey size is incorrect there is a \$30 charge to replace it with a new one.				
Payment Method:				
☐ Check (Payable to: Players Edge)				
☐ Visa / MasterCard / Discover (please include all 16 digits)				
☐ Zelle (playersedge@outlook.com) ☐ Venmo (@players-edge)				
☐ Players ☐ Goalies				
□ \$30 discount for attending 2023 Shooting Clinic				
Amount to charge today: ☐ \$100 Deposit or ☐ \$				
Exp. Date: /				

Each application must include at least a \$100 non-refundable deposit. Balance will be due the first day of camp. There is a 10% discount for each additional family member. All applications will be confirmed by email within 24 hours. Each camp is limited in numbers. Space can only be held with a deposit. Applications without a deposit will be accepted, but your place is not secured until a deposit is received.

Players Edge will split groups according to age and ability levels. If a player needs to be moved up or down, our staff will determine that after the first day of camp.